



Learn Beyond

**KPR Institute of Engineering and Technology**

(Autonomous, NAAC "A")

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YI –YUVA001

**NBA Accredited**  
(CSE, ECE, EEE,  
MECH, CIVIL)**AWARENESS CAMP ON NUTRITION AND HYGIENE HABITS**

Event No	YI –YUVA001
Organizing Department	Yi –Yuva Club
Date	12/08/2022
Time	10:00 AM to 12:00 PM
Event Type	ISR Activity
Event Level	Club Society
Venue	Panchayat Union School, Neelambur
Total Participants	58
Faculty - Internal	2
Students - Internal	6
Other Participants	50

## Related SDG



## Involved Staffs

Sl	Name	Role
1	Indhira Devi P	Faculty Coordinator

## Outcome

The Nutrient and Hygiene program have a brief introduction about Vitamins, hygiene, junk food and daily routines. Students got the idea of basic rules of hygiene and nutrition like steps to wash the hands, importance of organic food, demerits of junk foods, vitamin name with their uses. They were given knowledge to Implement a constructive health behavior change. After this session they know to Differentiate between behaviors that enhance health and those that are detrimental to health. Health issues because of junk foods, uncleanliness were also discussed. Good and bad habits were taught to them, which will help them to know which is good and which is bad. The event not only gave knowledge to the students but also gave a good exposure and experience to the students who conducted the event. Speaker had a very good experience which will develop more and more confidence in them and will conduct more such events.

## Event Summary

YI YUVA KPRIET (Youth for unity and voluntary Action) of KPR Institute of engineering and technology conducted an awareness camp on Nutrition and hygiene habits at Panchayat Union School, Neelambur. A total of 6 students were accompanied by the faculty member Ms.P.Indhiradevi AP(Sr.G) on 12th August. By 10.30a.m we reached the school and the headmaster of that school guided us throughout the session. The main theme of this awareness is to create a clear view of hygiene and nutrition among the children of age 6-10. We begin to give the awareness through PPT which includes cartoon pictures, videos etc.,. This event aims to raise awareness about Nutrition and create a healthy Indians. The speakers of the session were M. Muppudathi karthika and R.Rakshana. To visualize the main theme of awareness we presented a power point presentation of nutrition and hygiene so that the children could understand the content very well. The children were very active throughout the session and the session was very interactive. We discussed about the basic rules of hygiene and nutrition like steps to wash the hands, importance of organic food, demerits of junk foods, vitamin name with their uses. The health issues because of junk foods, uncleanliness were also discussed. At the end of the session we asked questions and the children who answered it correctly were presented with the gift, Which encouraged them to participate more and more. The event not only gave knowledge to the students but also gave a good exposure and experience to the students who conducted the events.

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